



11/4/2024-4/27/25

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Cycling 6:00-7:00 Brian	Cycling 6:00-7:00 Brian		Cycling 6:00-7:00 Brian		
Cycling 7:00-8:30 Tom						Cycling 7:30-8:30 Cheryl
		Cycling 8:00-9:00 Cheryl		Cycling 8:00-9:00 Susan		
	Cycling 9:00-11:00 John		Cycling 9:00-11:00 John			
		Open Cycling 9:00-1:00pm		Open Cycling 9:00-1:00p m		

10/29/2024